

# Emotional Support

Travel abroad can bring unforeseen stress and strain to students, faculty and staff members. That is why International SOS developed the world's leading assistance service to help you support your travelers' mental and emotional, as well as, physical wellbeing.



## Stress Impacts Learning

Exposure to new environments, security incidents, medical or mental health conditions and even just being too far from home can impact your students, faculty and staff.

These events can trigger anxiety or psychological issues. This can lead to trip or study abroad program disruption, or something more serious.

## Peace of Mind

In times of stress, your students, faculty and staff need professional emotional support often at short notice and in their native language.

Timely and easy access to support through a single point of contact can prevent situations from spiralling out of control.

## Wellbeing — Wherever, Whenever

In partnership with WorkPlace Options, our short-term counseling services provide your travelers with psychological support while they are away and traveling internationally.

This means they can focus completely on their learning, research and work.

## Service Components

Emotional Support delivers:

- Mental health professionals supporting you and your travelers in more than 60 languages
- Support available through the International SOS Dedicated Line (+1 215.942.8478) 24/7, every day of the year
- Access to counseling sessions
- Counseling method tailored to your needs: phone, video-call or face-to-face
- Seamless integration between medical, travel security and WorkPlace Options emotional support services (no additional calls to make)
- Unlimited consultation for you or your designated contact

