MALARIA FACTS
Malaria is a serious disease that is PREVENTABLE and TREATABLE.

3.2 billion people are at risk of malaria worldwide.¹

91 countries and areas had ongoing malaria transmission in 2015.¹

Pregnant women are at HIGH RISK of dying from complications of severe malaria.³

Each year, over 10,000 travellers are reported to become ill with malaria after returning home.²

THE ‘ABCDE’ OF MALARIA PREVENTION

AWARENESS
Be Aware of the risk and the symptoms.

BITE PREVENTION
Avoid being Bitten by mosquitoes, especially between dusk and dawn.

CHEMOPROPHYLAXIS
If prescribed for you, use Chemoprophylaxis (antimalarial medication) to prevent infection.

DIAGNOSIS
Immediately seek Diagnosis and treatment if a fever develops one week or more after being in a malarial area (up to one year after departure).

EMERGENCY
Carry a Stand-By Emergency Treatment kit if available and recommended (the kit that contains malaria treatment).

SYMPTOMS
fever sweating headache muscle aches
fatigue shaking (rigors, chills) vomiting diarrhea

MEDICAL EMERGENCY
DO NOT IGNORE SYMPTOMS. Go straight to the doctor.

Malaria is caused by Plasmodium parasites. Humans get infected via mosquito bites.

Source:
1. World Health Organization, Malaria Fact Sheet, December 2016
2. World Health Organization, International Travel and Health, Malaria 2015 update
3. World Health Organization, Malaria in pregnant women, April 2016

This infographic has been developed for educational purposes only and is correct at the time of publication. It is not a substitute for professional medical advice. Should you have any questions or concerns about any topic in the infographic, please consult your medical professional.

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