Only 28 countries have adequate laws that address all 5 risk factors: speed, drink-driving, helmets, seat-belts and child restraints.

**Be Aware**

- Ensure all vehicle occupants wear seat-belts
- A 5% decrease in speed can reduce fatal crashes by 30%
- **NEVER**
  - Use a mobile phone when driving.
  - Drink and drive.
  - Drive if tired or jetlagged.

As a pedestrian you are particularly vulnerable. Stay alert and avoid walking near roads after dark.

**6 Safe Practices**

- Dangers on the roads differ from country to country.
- Ensure all vehicle occupants wear seat-belts.
- Only self-drive if you know the road laws and are familiar with the driving culture and the vehicle type.
- Motorised 2 and 3-wheeled vehicles are unsafe in road crashes.
- Know what is legally required of you in the event of a road crash.
- Always check safety features of vehicles. Only use taxis with seat-belts.

Learn More:

www.grsproadsafety.org
www.internationalsos.com
www.internationalsosfoundation.org

Statistics:
World Health Organization.
http://who.int/roadsafety/en/
(2) http://www.challengebibendum.com/
Road traffic crashes kill 1.24 million people each year. This equates to 3,400 people every day. As many as 50 million people are injured in road crashes each year. 30% of road crashes are work related.

Think safety
-
always wear a seat-belt

Wearing a seat-belt reduces the risk of a fatal injury by up to:

- 50% for front seat occupants
- 75% for rear seat occupants

Know the Roads

Consider the following items when determining the safest mode of transport:

1. Road condition
2. Traffic density
3. Traffic behaviour
4. Weather conditions
5. Safety features of the vehicle

8 Considerations

Planning your Route

1. Departure time
2. Journey duration
3. Terrain
4. Climate
5. Visibility
6. Security
7. Communication coverage
8. Emergency support