**SYMPTOMS**

Most people have no symptoms. If symptoms occur, they appear in about three to six days. Symptoms are similar to many other illnesses, and include:

- headache
- fever
- back pain
- nausea & vomiting
- muscle pain

**PREVENTION**

**Vaccination** is the most effective way to prevent yellow fever. Speak to your doctor if you need to get vaccinated.

Use an effective **insect repellent** that contains DEET, Picaridin, PMD or IR3535.

Wear protective clothing (long pants and sleeves, socks).

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*Source: World Health Organization, Yellow Fever Fact Sheet, updated May 2019*

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**DISCLAIMER:**

This pocket guide has been developed for educational purposes only, it is not a substitute for professional medical advice. Should you have questions or concerns about any topic described here, please consult your medical professional.

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Yellow fever is a POTENTIALLY FATAL disease spread by MOSQUITO BITES.

Vaccination is the most important way to prevent infection.

If you travel to an area at risk for yellow fever, make sure you have been VACCINATED. You may be REQUIRED to show your CERTIFICATE OF VACCINATION to enter, and when you travel onward.

An estimated 84,000 — 170,000 yellow fever cases occur every year.*

Up to 60,000 yellow fever deaths occur annually.*

About 15% of cases are severe.