**Road Safety Tips for Travellers**

**SAFETY FIRST**

**Learn More:**
- www.grsproadsafety.org
- www.internationalsos.com
- www.internationalsosfoundation.org

Only 33 countries have adequate laws that address all 5 risk factors: speed, drink-driving, helmets, seat-belts and child restraints.¹

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**Be Aware**

Ensure **all** vehicle occupants wear seat-belts

A 5% decrease in speed can reduce fatal crashes by **30%**

**NEVER**

- Use a mobile phone when driving.
- Drink and drive.
- Drive if tired or jetlagged.

As a pedestrian you are particularly vulnerable. Stay alert and avoid walking near roads after dark.

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**6 Safe Practices**

Dangers on the roads differ from country to country.

Ensure all vehicle occupants wear seat-belts.

Only self-drive if you know the road laws and are familiar with the driving culture and the vehicle type.

Motorised 2 and 3-wheeled vehicles are unsafe in road crashes.

Know what is legally required of you in the event of a road crash.

Always check safety features of vehicles. Only use taxis with seat-belts.

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Statistics:

Road traffic crashes kill 1.35 million people each year. This equates to 3,700 people every day. Between 20-50 million people are injured in road crashes each year. 40% of all road deaths are work-related.

- **Think safety**
  - always wear a seat-belt
  
  Wearing a seat-belt reduces the risk of a fatal injury by up to:

  - 50% for front seat occupants
  - 75% for rear seat occupants

- **Know the Roads**
  
  Consider the following items when determining the safest mode of transport:

  - Road condition
  - Traffic density
  - Traffic behaviour
  - Weather conditions
  - Safety features of the vehicle

- **8 Considerations**
  
  Planning your Route

  1. Departure time
  2. Journey duration
  3. Terrain
  4. Climate
  5. Visibility
  6. Security
  7. Communication coverage
  8. Emergency support