



# International SOS Medical Complex

A NEW **INTERNATIONAL HEALTHCARE  
LANDMARK** IN KHOBAR



“We are proud to introduce a new healthcare landmark in Khobar. Our Group has been well known to bring in worldwide industry leaders and exchanging expertise to enrich our Saudi young talents and professionals, a step bringing us all towards achieving Vision 2030.

Our commitment to our community will not stop here and we'll continue expanding our footprint in the region and in the kingdom to always provide the highest quality of service and care to them.”

**Sheikh Rasheed Al-Rushaid,**  
Chairman of Al-Rushaid Group

“We are not only bringing over 35 years of international medical leadership experience to Saudi Arabia; we are here to uphold these values and make a positive contribution to the community”

**Mr. Laurent Sabourin,**  
International SOS,  
Group Managing Director





## Our Vision

Be the leading provider of medical services solutions in the Kingdom of Saudi Arabia



## Our Mission

- Draw on our years of international experience to deliver quality healthcare to our clients in Saudi Arabia
- Create and deliver value to our patients and community through integrated solutions
- Be innovative and provide thought leadership
- Develop our people and promote professionalism, teamwork, quality standards and governance











# About International SOS Medical Complex

International SOS - Al Rushaid Co. Ltd., a joint venture between International SOS and Al Rushaid Group, launched a cutting-edge medical facility, featuring an extensive range of services: dental care, obstetrics, gynaecology, paediatrics care, internal medicine, family medicine and ophthalmology. Additionally, it boasts a 24/7 emergency department and one of the largest medical laboratories to be hosted in a medical complex in the region.

The new clinic “International SOS Medical Complex” with its state-of-the-art equipment and highly trained medical professionals, is opened to public and provides an unparalleled level of care for professionals and their families in Khobar.

The clinic features a team comprised of both expert local and international medical professionals, providing superior healthcare to local Saudis and international assignees living and working in the area.







# DENTAL CARE

As a dental care provider in Khobar, we strive to have the most knowledgeable team of professionals providing comprehensive range of dental services.

## Dental Department services:

- Full Mouth dental Examination and Diagnosis
- Teeth scaling
- Teeth root planning
- Dental Implants
- Surgical Extraction
- Aesthetics restoration
- Root canal treatments
- Orthodontics treatment
- Panoramic X-ray

## Orthodontic Clinic:

- Clinical and radiographic examination to develop treatment plan for patients
- Treatment of malocclusion

## Oral and maxillofacial surgery clinic:

- Consultation and diagnosis of oral disease and odontogenic lesions
- Management of oral disease and odontogenic lesions
- Management of oral and maxillofacial trauma
- Surgical extraction of impacted teeth
- Surgical exposure of impacted teeth during orthodontic treatment
- Dental implants
- Bone grafting
- Maxillary sinus lifting and preparing for implants
- Laser gingivectomy and laser depigmentation
- TMJ disorder management
- Laser plus surgical frenectomy





# PEDIATRICS CARE

We understand the unique needs of your younger ones at different stages of their childhood development. Our clinic provides primary care services that focus on the treatment and prevention of common conditions for children from newborns to adolescents.

## Pediatrics Services:

- Vaccination
- Medical consultation and investigation (up to 14 years)
- Ear piercing
- Medical school checkup (up to 14 years) – seasonal with semester start, August
- Medical school checkup with investigation (up to 14 years) – seasonal with semester start, August
- Routine check-up (up to 14 years)
- Growth development follow up (up to 14 years)





# OBSTETRICS & GYNAECOLOGY

Caring for you at every step of your journey. From this perspective, our professionals have designed a collection of the finest quality health programs for all their female patients of all ages.

## Our Obstetrics & Gynaecology Services:

- Antenatal care (Normal)
- Antenatal care (After infertility treatment)
- Obstetrics and Gynecology Ultrasound
- Normal delivery
- Caesarean section
- Management of benign Gynecology Problems
- Female General Health care
- Contraceptive management



## FAMILY MEDICINE

This is considered the gatekeeper to health. Through preventive and curative healthcare, family medicine deals with the person multiple areas.

### Our Family Medicine Services:

- Chronic diseases management
- General medicine
- Health education
- General consulting



## RADIOLOGY

We house one of the latest technologies in the Department of Radiology with qualified staff to ensure the patient comfort and safety.

### Our Radiology Services:

- X-ray investigations
- Ultrasound (abdominal, OB-GYN., Antenatal Care, Echo doppler)
- ER ultrasound
- Panoramic 3D X-ray





# OPHTHALMOLOGY

When your eyes need specialized care, our expert ophthalmologists will be there to provide convenient and personalized treatment options using top latest technologies.

## Our Ophthalmology Services:

- Refractive errors check and prescribe the suitable glasses or contact lenses
- Check glaucoma and high intraocular pressure (diagnosis and treatment)
- Check fundus of the eye, and diagnose diabetic retinopathy
- Diagnoses of all eyes infection and treated it
- Treat retinopathy with intraocular injection plus laser
- Treat eyelid disease
- Network services
  - Eyelid plastic surgery
  - Treat dry eyes and all lacrimal system disease
  - Cataract extraction +IOL (intra ocular lens) implantation
  - Refractive surgery like PRK (Photorefractive Keratectomy)
  - Femto Lasik



## EMERGENCY

Considered a quantum leap and a milestone for patients to save different critical cases of all ages.

- Adult and pediatric minor/major ailments including respiratory distress with supporting ventilator
- All degree burns
- Adult/pediatrics trauma/sports injury
- Acute coronary syndrome
- Acute abdomen management
- Ophthalmological emergencies
- Urological emergencies i.e., renal stones
- Minor surgical procedures
- Supporting therapy for hydration, injectables, nebulization

## INTERNAL MEDICINE

The clinic offers specialised services performed by the finest international competencies who have acquired well-known certificates.

- Treatment of high and low blood pressure.
- Diagnosis and treatment of diabetes and endocrine diseases.
- Diagnosis and treatment of diseases of the gastrointestinal tract.
- Diagnosis and treatment of chest diseases.
- Diagnosis and treatment of kidney diseases.
- Treatment and follow-up of diseases of the elderly and chronic diseases.





# ORTHOPEDICS

The medical complex has a robust quality standard and is staffed by qualified medical professionals who will provide effective treatment plans to combat your medical problems.

## Our Orthopedics Services:

- Treatment of fractures and dislocations
- Treatment of back pains, joints pains, osteoarthritis, and neck pain
- Network services
  - Orthopaedic surgeries
  - Joints surgeries including the arthroscopy of the knee and shoulder
- Joints replacements
- Treatment of most sports injuries and ACL traumas



# OCCUPATIONAL HEALTH & LABOUR SCREENING

We are committed to protecting the health, safety and wellbeing of your employees.

## Occupational Health Services:

- Pre-placement medical check-up
- Periodical medical check-up
- Return to work evaluations with FTW certificate
- Offshore medical check-up (OEUK)
- Commercial and recreational diving physicals
- Foreign embassy examination
- Physical examination for helicopter underwater escape training (HUET)
- Evaluation of aerobic fitness
- Aramco heavy equipment operator medical check-up
- Medtrack & Medtrack plus Medical examinations
- Medical surveillance program (Audiometry, PFT, vision screen, Confined space medical, Night shift worker medical,.....)
- Case management of work-related injuries & illnesses
- Hearing conservation program
- Mobile OH services
- Vaccination programs (COVID-Hepatitis B-Meningitis-Typhoid)

## Labour Screening Services:

- Iqama Medical Check
- Food Handler (Baladiya)
- Driving License



# ADDITIONAL SERVICES



## Central Sterile Unit

Our Central Sterile Services Department (CSSD) facilities provide replacement capacity during periods of refurbishment or supplement existing activity, helping our staff to continue to deliver the vital service of cleaning, and sterilizing.



## Café

The Cafe is located on the ground floor of International SOS Medical Complex. A wide variety of snacks, beverages and desserts are available. The Café is operated by Husk and offers Starbucks famous blends, today, with more than 15,000 stores in 50 countries, Starbucks is the premier roaster and retailer of specialty coffee in the world. And with every cup strives to bring both heritage and an exceptional experience to life.



## Laboratory

Our Laboratory fulfills a longstanding need for a well-equipped laboratory capable of providing a wide range of investigations in different areas through skilled, experienced personnel and sophisticated equipment. Our laboratory is operated by Al Borg Diagnostics, established in 1998, when it opened its first laboratory in Jeddah, Saudi Arabia, Al Borg Diagnostics managed to expand to all major cities in the Kingdom of Saudi Arabia by the year 2004.



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**MEDICAL COMPLEX**

مجمع النجدة الدولي الطبي

**OPERATED BY**

